Supporting: MSMWHS200 Work safely

MSFFL3002 Establish and maintain a safe flooring technology work environment
TLID2003 Handle dangerous goods/hazardous substances

# Section 1 Assignment: Safe work procedures

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| **Name** |  | **Date** |  |

1. What items of PPE are you required to wear at work? Complete the table below, putting the PPE into the three categories shown and describing the purpose of each item.

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| **General items of PPE** – to be worn in all areas of the workplace |
| **Item**  | **Purpose** |
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| **Specific items of PPE** – to be worn in particular areas of the workplace |
| **Item**  | **Purpose** |
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| **Specific items of PPE** – to be worn while doing certain types of jobs or operating particular machines |
| **Item**  | **Purpose** |
|  |  |

1. What is the difference between an SOP and an SWMS? In your answer, explain what the abbreviations stand for, and what the purpose of each document is.

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| **SOP** – full title and purpose |
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| **SWMS** – full title and purpose |
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1. Name two types of manual handling injury you could suffer doing the activities you typically carry out each day. For each injury, describe some good manual handling practices you could use to reduce the risk of it occurring.

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| **Manual handling injury – 1**  | **Good practices to reduce the risk of injury** |
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| **Manual handling injury – 2** | **Good practices to reduce the risk of injury** |
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